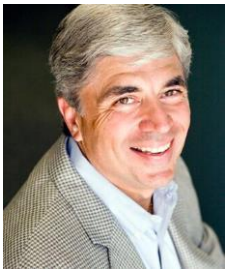

James S. Rellas, M.D., M.S., F.A.C.C.

6601 Overlook Ct
Plano, Texas 75024
Cell: 214.475.1134
Email: rellas4@gmail.com

Areas of Expertise

- Blood Pressure
- Cardiology
- Cardiovascular Diseases
- Cardiovascular Medicine
- Cerebrovascular Disease
- Echocardiography
- EKG
- Heart Attacks/Cardiac Arrest
- Myocardial Disorders
- Noninvasive Cardiology
- Stroke

Professional Experience

Medical Consultant-Plano, TX	3.2013-Present
Cardiologist*, Heart First*-Plano, TX	3.2002-3.2013
Cardiologist, *Cardiovascular Consultants*-Dallas, TX	1984-2001
Regional Medical Director, *American Physician Network (APN)*-Dallas TX	1991-2001
Medical Director, *Medical Outcomes Reporting and Evaluations (MORE)*-Dallas, TX	2001-2003
Chief of Cardiology, *RHD & TMC*	1998-2001
Chief of Medicine, *Presbyterian Hospital of Plano*	1996

Board Certifications/Certificates

- Diplomate, American Board of Internal Medicine. 1981 (ABIM)
- Diplomate, Subspecialty Board of Cardiovascular Disease. 1984 (ABIM – CVDS)
- Fellow of the American College of Cardiology. 1987 (F.A.C.C.)
- Board of Nuclear Cardiology (CNBC) Certified. 1997-2006. Renewed 2006 - 2017
- Masters in Medical Management: UT Dallas / UTHSCD. 2000 (MSMM)
- Registered Physician in Vascular Interpretation by ARDMS. 2006 (PVI) 117374
- Level 2 Trained in CTA interpretation: Level 2-2006; Level 3-2008
- Certification Board of Cardiovascular Computed Tomography (CBCCT) Certified. 12.2008
- Specialist in Clinical Hypertension. May 16, 2009 (ASH)
- Certified in Clinical Lipidology. May 11, 2010 (NLA)
- ACLS/BCLS Certificate: valid through January, 2016.

Education

University of Texas at Dallas, Dallas, TX — 1998-2000
Masters in Medical Management

UTHSCD | Parkland Hospital, Dallas, TX — 1981-1984
Fellow in Cardiology / Nuclear Cardiology

Brown University: Miriam Hospital, Providence, RI — 1977-1980
Intern / Resident: Internal Medicine

Creighton School of Medicine, Omaha, NE — 1973-1977
Medical Degree

University of New Hampshire, Durham, NH — 1969-1973
B.A. Honors, Zoology and Economics