

# Theodore Stamatakos, MD

3208 McPherson St  
Waxhaw, North Carolina 28173  
M: (704)292-8266  
Email: tstam26@aol.com



## **WORK EXPERIENCE**

**2022- Present- Dartmouth-Hitchcock Urology Clinic, Keene, New Hampshire**

**2011-2021– Partner and Founding Member at Carolina Urology Partners,  
Charlotte, North Carolina**

A single specialty Urology group, 9<sup>th</sup> largest in the United States

Staff Privileges at:

Atrium Health Pineville—Pineville, N.C.

Novant Health Mint Hill Hospital—Mint Hill, N.C.

Novant Health Main—Charlotte, N.C.

Edgewater Surgery Center—Indian Land, S.C.

**2006-2011 – Partner Providence Urology, Monroe, North Carolina**

Staff Privileges at:

Carolinas Medical Center Union— Monroe, N.C.

Presbyterian Medical Center Matthews—Matthews, N.C.

Carolinas Medical Center Pineville—Pineville, N.C.

Carolinas Medical Center Main—Charlotte, N.C.

Presbyterian Medical Center Main—Charlotte, N.C.

Edgewater Surgery Center— Indian Land, S.C.

**2000-2005 – Partner at Albemarle Urology Clinic, Albemarle, North Carolina**

Staff Privileges at:

Stanly Memorial Hospital— Albemarle, N.C.

**1996-2000 – Staff Urologist**

Adult and Pediatric Urology, PA.—Clifton, N.J.

Staff Privileges at:

Beth Israel Medical Center— Passaic, N.J.

Passaic General Hospital— Passaic, N.J.

St. Mary’s Hospital —Passaic, N.J.

Wayne General Hospital—Wayne, N.J.

St. Joseph’s Hospital—Patterson, N.J.

**1994-1996 – Staff Urologist South Texas Medical Clinic, Wharton, Texas**

Staff privileges at:

Gulf Coast Medical Center—Wharton, T.X

Polly Ryan Memorial Hospital—Richmond, T.X

**EDUCATION**

**1993-1994** – Chief Urology Resident, University of Minnesota—Minneapolis, M.N.

**1991-1993** – Urology Resident, University of Minnesota—Minneapolis, M.N.

Scored top 99<sup>th</sup> percentile Annual Inservice Exam in 1993.

Top score 1992 and 1993

**1990-1991** – Urology Resident, New York Medical College—Valhalla, N.Y.

**1988-1990** – General Surgery Intern and Resident, New York Medical College—  
Valhalla, N.Y.

**1984-1988** – Medical School, New York Medical College—Valhalla, N.Y.

Recipient of Leonard P. Wershub, MD award for academic excellence for medical student entering the field of Urology.

**1980-1984** – Bachelor of Science Biology with Minor Applied Mathematics Yale  
University—New Haven, C.T.

**LOCAL/NATIONAL AND INTERNATIONAL CONTRIBUTIONS**

**PRESENTATIONS/ TEACHINGS**

**2006- 2019** -Urology Preceptor at Union Family Practice Residency Program

**2013-** Article and Front Cover; “Prostate Cancer Diagnosis and Treatment at Carolinas Medical Center Union”

**2013-** “Prostate Cancer Screening An Update”- presented to patient audience at local Monroe community church

**2012-** Speaker “Prostate Cancer Screening An Update”- presented to local patient audience at Carolinas Medical Center Union before annual prostate screening program

**2012-** Speaker “Urological Care in the Elderly Population”- presented to local patient audience at Levine Senior Living Center before annual prostate screening program

**2011-** Speaker “Urological Care in the Elderly Population”- presented to local patient audience at Carolinas Medical Center Union before annual prostate screening program

**2010-** Speaker “Prostate Cancer Screening An Update”- presented to local patient audience at Carolinas Medical Center Union before annual prostate screening program

**2010-** Speaker “Interstim; Indications and Treatment”- Tripoli, Grace

**2010-** Speaker “Urinary Tract Infections”- presented to Union Family Practice Residency Program Staff and Residents

**2009-** Speaker “Prostate Cancer Screening An Update”- presented to local patient audience at Carolinas Medical Center Union before annual prostate screening program

**2008-** “Common Urological Conditions”- presented before local patient audience at Holy Trinity Greek Orthodox Church, Charlotte, NC

**2008-** “Genitourinary Cancers”- presented at Carolinas Medical Center Union Tumor Board

**2007-2008-** Nursing In-services regarding Urological Surgery Equipment

**2006-** “Prostate Cancer An Update”- presented at Carolinas Medical Center Union to nursing and medical staff

**2003-** “Urinary Incontinence”- presented to patient audience at Stanley Memorial Medical Hospital— Albemarle, N.C.

**2001-** “Urolithiasis An Update” presented to local patient audience at Stanley County YMCA— Albemarle, N.C.

**1999-** “Erectile Dysfunction; the New Use of Oral 5 Phosphodiesterase Medications” presented to local patient audience— Clifton, N.J.

**1998-** Urology Preceptor at St. Joseph Hospital Family Practice Program

**1998-** “Urinary Incontinence” presented to local patient audience, Chilton Memorial Hospital— Pompton Plains, N.J.

## **PROFESSIONAL AFFILIATIONS**

American Urological Association

American Urological Association/Southeastern Section

North Carolina Medical Society

Association of New York Medical college Alumni

Clinical Faculty Atrium Health

Clinical Faculty Novant Health

Past Member of Hellenic Medical Society of New York

Large Urology Group Practice Association (LUGPA)

## **BOARD CERTIFICATION**

Recertification of American Board of Urology in November 2016.

Board Certified by the American Board of Urology in February 1999.

Diplomat of the National Board of Examiners in April 1990.

## **LICENSES**

North Carolina 200000981 (Active)

New Hampshire LT4309 (Active)

South Carolina MD29417 (Active)

Texas J7210 (Inactive)

Pennsylvania MD-052785-L (Inactive)

New Jersey MA065032 (Inactive)

Illinois 036-088584 (Inactive)

## **ADVANCED POSTGRADUATE TRAINING/ CERTIFICATION COURSES**

**2006-2021-** Tumor Board Participant at Atrium Health— Charlotte, N.C.

**February 8-9, 2020-** “How to Start, Build, and Run a Successful Expert Witness Practice”— Clearwater, F.L.

**February 6-7, 2020-** “How to Be An Effective Expert Witness”—Clearwater, F.L.

**2019-** Controlled Substances CME-South Carolina Medical Board

**February 2015-** Physician Education Online Course: First Do No Harm Part 1&2— Novant Health

**January 2013-** Behavior to Reduce Harm in Healthcare—Novant Health

**May 2010-** “Attendance American Urological Association International Conference” — Washington D.C.

**October 2008-** Medtronic Interstim Urinary Incontinence Therapy Training Course— Minneapolis, M.N.

**July 2008-** Use of Conscience Sedation in Medicine- Carolinas Medical Center Union— Monroe, N.C.

**November 2005-** “Cryotherapy for Prostate and Renal Cancer Training Course”—Hilton Head, N.C.

**April 2005-** Transobturator Sling Placement Training Course—Greensboro, N.C.

**2000-2005-** Tumor Board Participant at Stanley Memorial Hospital—Albemarle, N.C.

**November 2001-** Use of the Holmium laser in Urology Training Course— Duke Medical Center

**May 2001-** “American Urological Association Annual Conference with attendance at 3-hour courses in minimally invasive BPH, vaginal reconstructive surgery—Anaheim, C.A

**February 2001-** “Urology Coding/Medicare” —Charlotte, N.C.

**October 1998-** “Urological Cancer” —Harvard Medical School

**August 1998-** “Transperineal Radioactive Seed Implantation” Training Course— University of Cincinnati

**January 1998-** “Preparatory Course for Urology Certifying Exam Part II” — WVU School of Medicine

**September 1997-** “New Developments in Genitourinary Cancer Therapy” —University of Pennsylvania School of Medicine

**September 1997-** “Re-Engineering Your Practice for Success” — Atlantic Health System

**November 1993-** “Lasers in Urology” Training Course- Mayo Clinic—Rochester, M.N.

**November 1992-** Extracorporeal Shockwave Lithotripsy training- University of Minnesota—Minneapolis, M.N.

## **COMMITTEES**

**2011-2021 (rotating 2-year terms)-** Board of Directors at Carolina Urology Partners—Charlotte, N.C.

**2018-** Cancer Committee- Carolina Urology Partners—Charlotte, N.C

**2011-** Medical Director Kindred/Gentiva Home Health—Union County, N.C.

**2011-2012-**Edgewater Surgery Center Board of Directors— Indian Land, S.C.

**2011-2012-** Medical Executive Committee-Carolinas Medical Center Union—Monroe, N.C.

**2010-2012-**Credentials Committee- Carolinas Medical Center Union—Monroe, N.C.

**2011-2012-** Vice Chairman Surgery- Carolinas Medical Center Union—Monroe, N.C.

**2009-2017-** Chief of Urology Atrium Union—Monroe, N.C.

**2001-Present-** Yale Club Charlotte; Delegate to Association of Yale Alumni Meeting—New Haven, C.T.

**1997-1998-** Medical Executive Committee - Beth Israel Medical Center—Passaic, N.J.

**1994-1995-** Vice Chairman Surgery- Polly Ryon Memorial Hospital—Richmond, T.X

## **SKILLS**

Proficient in General Adult Urology and various aspects of Pediatric Urology with over 25 years of experience.

- 1) General Office Urology: experience in office diagnosis and treatment of broad range of urological conditions including in office cystoscopy, prostate, and bladder biopsy, and urodynamics studies.
- 2) Diagnosis and medical and surgical treatment of urologic stone disease including ureteroscopy with laser treatment/stent placement.
- 3) Diagnosis and medical and surgical treatment of benign prostate hypertrophy including minimally invasive procedures.
- 4) Diagnosis and medical and surgical treatment of urinary incontinence in males and females.
- 5) Diagnosis and medical and surgical treatment of urological cancer (bladder, prostate, ureteral, and testis cancer) with experience in cryosurgery for prostate and renal cancer and radioactive seed implantation for prostate cancer.
- 6) Diagnosis and medical and surgical treatment of erectile dysfunction with experience in placement of penile prostheses.
- 7) Diagnosis and medical and surgical treatment of urological trauma.
- 8) Special interest in urological problems pertaining to short and long term nursing home facilities patients with urinary incontinence and skin breakdown, wound issues.